

Fire Element Quiz
(Winter is the 'Season' of Water Element Energy)
December 21st depending on the year



Resonate with the seasonal qualities of WATERL ELEMENT – Perseverance, Ambition Or Drive And High-Powered Energy, Empowerment, Flowing, Adaptability Calmness Clear Thought Depth Containment Reserves, Courage, Boundaries, Cleverness, Responsiveness, Reflecting And Listening, Soothing Effect

When our water element is balanced our life literally feels in flow and we can feel its power . Alternatively, like water we can quiet our energy and peer deep within to find new answers, understanding, or solutions. If our water element energy is unavailable we can feel stuck, fearful, anxious, or powerless. Our water element needs to be pure to be of use otherwise we'll attract low energy relationships, corporate games and power plays, controlling people or other issues of control, and we'll begin to feel drained and toxic. YUCK!

How is your Water Element energy? This is energy associated with power, drive energy, courage and also with fear. How are these qualities showing up in your life? And how is it helping you create your life vision intention?

[Take the quiz...](#)

1. What is your life vision Intention? What do you intend to create for yourself in the next chapter of your life? What new intentions do you have for your career, abundance, spiritual life? What do you need to let go of?

2. Choose or muscle check a positive aspect of the Water Element qualities from the list below that you would like to resonate with in your life to support your intentions:

Perseverance

Calmness

Boundaries

Ambition / Drive

Clear Thought

Cleverness

High-Powered
Energy

Depth

Responsiveness

Empowerment

Containment

Reflecting or
Listening

Flowing

Reserves

Soothing Effect

Adaptability

3. Press Save when you are done and then the orange DONE button – you will be able to save a copy for yourself.

Return to the [SEASONS](#) program page to listen to the previously recorded WATER ELEMENT Repatterning and obtain the session notes. Listen in and follow along with the notes to repatterning yourself and your intentions! The Hologram has anticipated you!

<https://lighttravels.com/WinterSolsticeRepatterning>