

EARTH Element Quiz

(Between Seasons is the 'Season' of Earth Element Energy)

Early June, September, December and March every year



Resonate with the seasonal qualities of EARTH ELEMENT – Mothering, self nurturance, Mothering energy, Secure, Caring, Supportive, Imaginative, Stable, Centered, Nurturing, Grounded, Generosity, Predictable, At home, Able to reap a harvest, Transitions, Sympathetic, Good assimilation of food, ideas, learning etc. When our EARTH Element energy is Coherent we manage transitions of the season and other aspects of our life with ease. Life events could include moving homes, careers, jobs, changing relationships, projects coming to a close etc..... with coherent Earth element energy we are able to move in and out of these changing states remaining centered and grounded able to take care of our own needs and help others.

When we are out of synch, transitions of any kind can drive us crazy. We may compensate with over work, over eating, lack of exercise or other life depleting actions which contributes to our de-energized state of being.

When we are in synch with the transition of the seasons we can naturally handle the life cycles of anything life flows towards us. We are better prepared and take time to re-energize, rest, take care of ourselves and make sure we are having our needs filled.

How is your earth element energy? And how is it helping you create your life vision intention?

Take the quiz...

What is your life vision Intention? What do you intend to create for yourself in the next chapter of your life?

Choose or muscle check a positive aspect of the Earth Element qualities from the list below that you would like to resonate with in your life. What would help you most with your life vision intention?

Mothering energy	Stable	Able to reap a harvest	Good assimilation of food, ideas, learning etc
Secure	Centered	Transitions	Generosity
Caring	Nurturing	Sympathetic	Predictable
Supportive	Grounded		
Imaginative	At home		

Press Save when you are done and then the orange DONE button – you will be able to save a copy for yourself.

Return to the SEASONS program page to listen to the Transitions Repatterning and obtain the session notes. Listen in and follow the notes to repatterning yourself and your intentions!

<https://LightTravels.com/Transitions-Repatterning>